

Activities	Status	Information
B3's	1630-2200 Mon-Thu 1530-2300 Fri	
Rendez-vous SHAPE Holiday	0730-1630 Weekdays 0900-1500 Saturdays 0900-1300	065-44-5220 rendezvous@shapemwb.be
iTaste @ SHAPE Club	1130-1430 Weekdays	www.shape2day.com/community/lodging-dining/shape-club
Pizza Bowl – Bar/ Lanes	1130-2100 Mon-Thu 1130-2200 Fri 1200-2200 Sat	065-44-5696 admin.pizzabowl@shapemwb.be
Pizza Bowl – Snack bar	1130-1800 Mon-Thu 1130-1800 Fri 1200-1800 Sat	065-44-5697 admin.pizzabowl@shapemwb.be
Silver Spoon	0730-1400 Weekdays 0815-1530 Bar	065-44-3323 silverspoon@shapemwb.be
Main Gym & Annex	0600-2100 Mon-Thu 0600-1930 Fri 0830-1300 Sat-Sun	065-44-5325 shapesportsandfitness@gmail.com NOTE: All areas are first come, first serve with 25 person limit
Fitness Classes (Event Centre)	Open Check Shape2day for schedule and sign-up	
Pool: Morning Lane Lunch Lane Evening Lane/ Family Swim:	0630-0800 Mon-Fri 1130-1315 Mon-Fri 1730-1900 Mon-Thu 1700-1800 Fri 0830-1230 Sat - Sun	
Performing Arts Centre	1530-1730 Tue-Thu	065-44-3312
Rationed Items Store	1030-1800 Tue-Fri 1000-1600 Saturdays	065-44-5628 ris@shapemwb.be
Arts and Crafts: Framing	0900-1400 Mon/Wed/ Fri 0900-1400 Mon-Wed only	artsandcraftsshape@gmail.com
Outdoor Recreation	0900-1400 Mon/Wed/ Fri	065-22-5246 outdoor.recreation@outlook.com

Library: In-Library Service	1000-1700 Mon/Wed/ Fri	065-44-5631 usarmy.shape.library@mail.mil
Library: Return Service	24/7	
Language Centre	0830-1600 Mon-Thu	065-44-4971 languagecentre@shapemwb.be
SHAPE Inn	0830-1300 & 1400-1645 Mon-Thu 0830-1200 & 1300-1445 Fri	065-44-4385 shapeinn@shapemwb.be

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www.SHAPE2day.com

Concessionaire	Status	Information
Book Shop	Open 0730 – 1300 / 1400 – 1600 Mon - Fri	
Carrefour	Carrefour Market: Open 0730-1900 Mon-Fri 0730-1730 Sat 0900-1300 Sun Selexion: 0900-1900 Mon – Fri 0900 – 1730 Sat	065-32-8570 info@market-shape.be
Dry Cleaning	Open 1100-1800 Mon-Fri LAUNDRY: 24/7	065-44-7058
Flower Shop	Open 1000-1800 Tue-Fri 1000-1300 Sat	065-44-5623 flowershop@skynet.be
Insurance Meraini	1400-1630 Mon 0930-1300 Mon-Wed-Thu 1400-1630 Mon-Wed-Thu 0930-1300 Fri	065-44-5355 FRa@assurteam.com shape@assurteam.com
Barber Shop Bldg 102	Tue-Thu 1000-1700 Fri 1000-1400	065-44-5498 By Appointment only
Barber Shop Bldg 504	Tue-Fri 0930-1700	065-44-2614 By Appointment only
Beauty Shop	Tue-Sat 0900-1700	065-44-5983 By Appointment only
SHAPE Optical	OPEN 1030 – 1600 Tue – Fri	065-44-5621 shapeoptical@yahoo.fr

TOTAL FINA	Shop: OPEN 0830-1800 Mon – Fri 1000-1500 Sat Garage: OPEN 0830–1800 Gas: Open 24/7	065-32-8300 autopneu@skynet.be
AION	OPEN 1000–1500 Mon-Fri	065-44-6789
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